

Out of the Ashes Organization 

Parent Guide

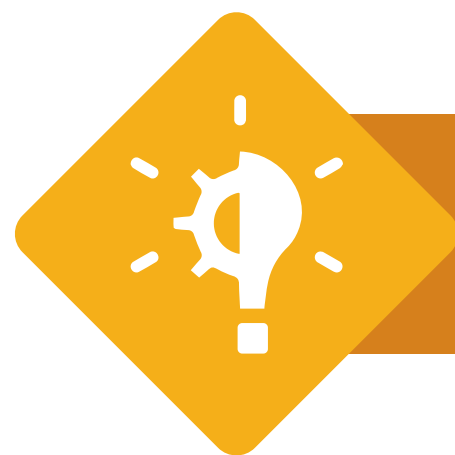
**Tips for talking with your child or
teen about fentanyl**



OUT_{THE} OF ASHES

Visit Our Website
www.outoftheashesorganization.net 

Start early. Talk often. Save lives.



Why This Matters

Fentanyl Changes Everything.

It's showing up in fake pills, powders, and vapes — and many kids have no idea how dangerous it really is. This guide is here to help you connect with your child or teen, share lifesaving information, and keep them safe.

Tips for Talking to Your Child or Teen



Tip 1 : Start Early

Don't wait until something happens. Start talking now — when things are calm — and keep the door open



Tip 2: Ask Open-Ended Questions

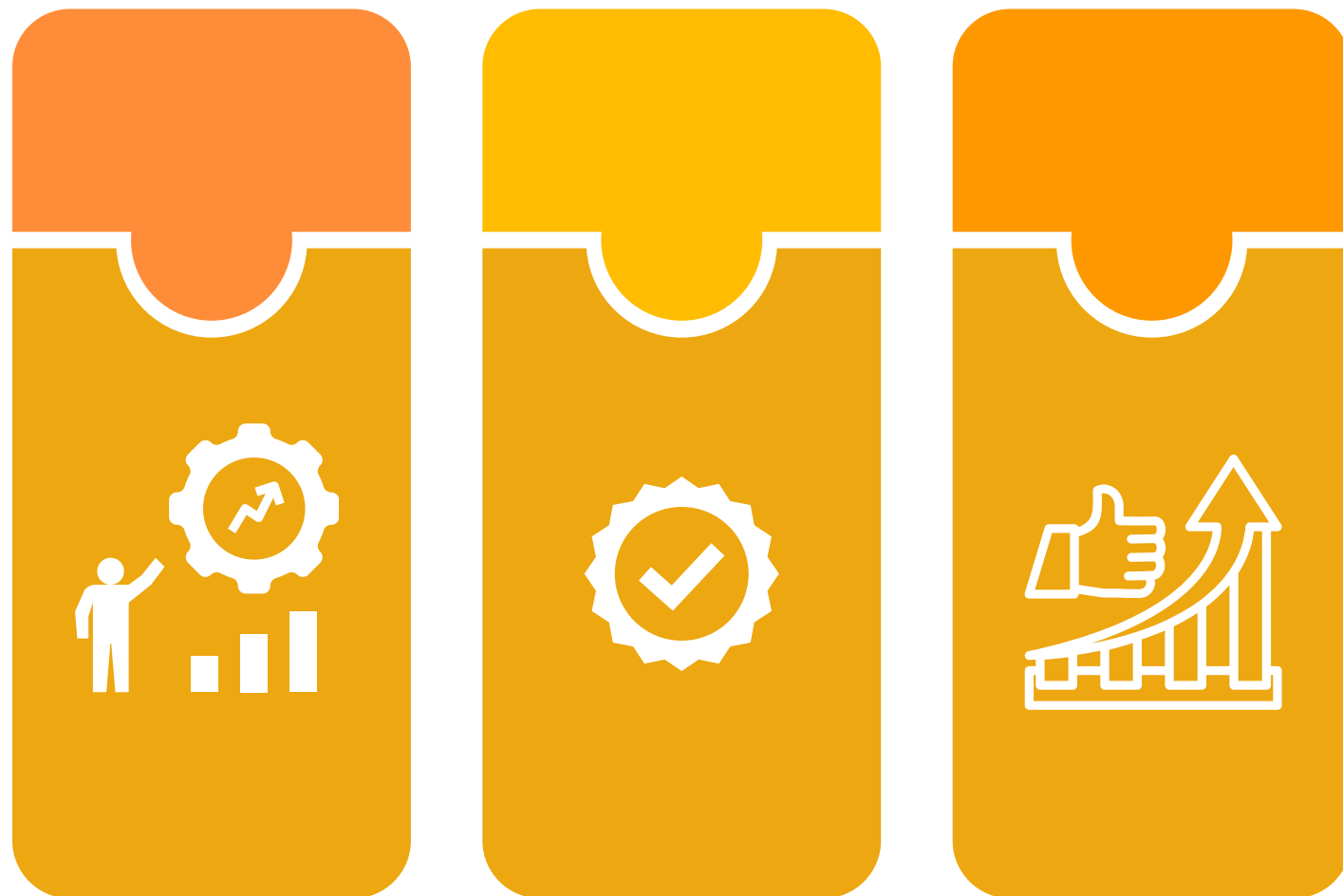
Say: "Have you ever heard of fentanyl?"
Ask what they know, not what they've done.



Tip 3: Listen More Than You Lecture

Kids shut down when they feel judged. Stay curious and calm — not reactive.

More Tips for Building Trust



Tip 4: Be Calm — Not Scary

Fear can shut kids down. Focus on facts and how to stay safe, not just worst-case scenarios.

Tip 5: Focus on Safety, Not Shame

Let them know: “No matter what, your safety is what matters most.”

Page 5 – What They Need to Know About Fentanyl

- Most fake pills sold on Snapchat or the street are laced with fentanyl.
- It's invisible and deadly in tiny amounts — as little as 2 mg can kill.
- It's being mixed into everything: pills, powders, even vape liquids.

Say it clearly:

“You can't tell what's safe just by looking at it. One pill can kill.”

What You Can Do As a Parent

- ✓ Keep the conversation going.
- ✓ Know the signs of use or withdrawal.
- ✓ Learn how to use Narcan (naloxone).
- ✓ Stay connected to their world.
- ✓ Follow up with love, not fear.



You are Not Alone

Parenting through this crisis is hard — and no one expects perfection.

What matters most is that your child knows:



They are loved.



They can talk to you



You'll always show up for them.

You are their safest place. That's what saves lives.



Resources & Stay Connected

 Out of the Ashes Organization
Fentanyl Awareness • Harm Reduction
• Youth Intervention



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Thank You

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